



Republic of the Philippines  
DEPARTMENT OF EDUCATION  
Region III

SCHOOLS DIVISION OF NUEVA ECIIJA

Old Capitol Compound, Burgos Avenue, Cabanatuan City 3100



DEP-ED-NUEVA ECIIJA  
**RELEASED**  
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June 13,

Division Memorandum

No. 106, s. 2017

RECORDS SECTION

**DIVISION TRAINING IN PHYSICAL EDUCATION AND HEALTH FOR SENIOR HIGH SCHOOL TEACHERS**

To: Public Schools Secondary Principals  
Senior High School Principals

1. This is to inform all senior high school Principals of a division training in Physical Education and Health on June 16, 2017 at Nueva Ecija High School Library, Cabanatuan City.
2. This training aims to:
  - a. sustain the DEpEd program in curriculum instruction among senior high school teachers
  - b. establish concrete and firm foundation of educational process for senior high school students
  - c. enhance and develop the necessary skills for teachers of Physical Education and Health in senior high schools in the division of Nueva Ecija
  - d. inculcate the value of being fit and healthy as a productive citizen of this country
3. The participants are expected to bring their own provisions. There will be no registration fee.
4. Please wear the appropriate attire for the training and be ready for physical activities.
5. Attached is the matrix for the whole day activity and list of topics to be discussed.
6. Wide dissemination of the content of this memorandum is requested to ensure full participation of all concerned.

**RONALDO A. POZON, Ph. D., CESO V**  
Schools Division Superintendent





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**DIVISION TRAINING IN PHYSICAL EDUCATION AND HEALTH FOR SENIOR HIGH SCHOOL TEACHERS**  
**JUNE 16, 2017-NUEVA ECIA HIGH SCHOOL LIBRARY**

<b>TIME</b>	<b>TOPIC</b>	<b>SPEAKER</b>
7:30-8:00	MOL/REGISTRATION	
8:00-10:00	AEROBICS	MICHELLE TOLENTINO MT-BARTOLOME SANGGALANG NHS
10:00-12:00	TRADITIONAL AND MODERN DANCE	MICHELLE TOLENTINO MT-BARTOLOME SANGGALANG NHS
12:00-1:00	LUNCH BREAK	
1:00-3:00	DLL AND COMPUTATION OF GRADES IN MAPEH	DEAN OWEN DONCILLO MT-JAEN NHS
3:00-5:00	INDIVIDUAL, DUAL AND TEAM SPORTS	DEAN OWEN DONCILLO MT-JAEN NHS

Prepared by:

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**CHARINA S. SOBUE**  
EPS, MAPEH

