



February 28, 2018

DIVISION MEMORANDUM

No. 55, s. 2018

DEP-ED-NUEVA ECIIJA
RELEASED
MAR 06 2018

To: Assistant Schools Division Superintendents
Chiefs, SGOD / CID
Public Schools District Supervisors
Elementary and Secondary School Heads
District and School DRRM Coordinators
All Other Concerned

RECORDS SECTION

From: RONALDO A. POZON, Ph.D., CESO V
Schools Division Superintendent

ERICSON S. SABACAN, Ed.D.
Officer-In-Charge
Office of the ASDS

RE: BLOOD LETTING DAY

1. The School Governance and Operations Division (SGOD) will spearhead the conduct of Bloodletting activity on March 9, 2018, 10:00am – 3:00p.m. at SM Cabanatuan City, Maharlika Highway, Cabanatuan City.
2. The said activity in partnership with Philippine Red Cross – Nueva Ecija Chapter is anchored on the objective of educating and encouraging the public on the need for voluntary blood donation.
3. Use the following checklist as provided by the Philippine Red Cross to determine if you are a qualified donor:
 - You are generally in good health;
 - You are 18-65 years old;
 - You weigh at least 50kgs or 110lbs;
 - Your blood pressure is between:
systolic : 90-150mmHg
diastolic : 60-100mmHg
 - You have not undergone ear piercing, tooth extraction, tattooing, acupuncture, and other procedures involving needles within a year; and
 - The final medical assessment will depend on the physician on duty.
4. All teachers, school heads and non-teaching personnel who are qualified to become blood donors are encouraged to give a gift of life by participating in the said activity.
5. DRRM Coordinators of Sta. Rosa South and Sta. Rosa North Districts will be tapped to facilitate registration and order in the conduct of the activity.
6. District DRRM Coordinators are likewise tasked to bring at least five (5) blood donors from their districts.
7. Immediate dissemination of this Memorandum is directed.